

ASAVAS & ARISHTAS

- 1 **ABHAYARISHTAM** (Sahasrayogam)
Specific for piles and constipation; helpful in conditions like urinary obstruction and other vyana vayu imbalances. It increases digestive power and helpful in mild ascitis. Mild pathya will be sufficient.

Dosage : 15-25 ml Twice daily before or after food.
2. **AMRUTHARISHTAM** (Sahasrayogam)
For all types of fevers, digestive problems and ama doshas.

Dosage : 15-30 ml Two to three times a day after food.
- 3 **ARAGWADHARISHTAM** (Bhaishajyarathnavali)
Suitable for all kinds of skin diseases like leucoderma, eczema, scabies and non - healing ulcers. Strict pathya should be followed during the use.

Dosage : 15-30 ml Two to three times a day after food.
- 4 **ARAVINDASAVAM** (Sahasrayogam)
Very effective in all types of diseases in children. General weakness, indigestion and loss of strength due to diseases can be cured by this.

Dosage : 5-25ml Two to three times a day after food.
5. **ASOKARISHTAM** (Sahasrayogam)
Useful in all types of menstrual disorders like heavy bleeding, abnormal discharges etc. Also effective in conditions like dysmenorrhea, menopausal syndrome etc. Mild pathya is necessary.

Dosage : 15-25ml Two to three times a day after food.
- 6 **ASWAGANDHARISHTAM** (Sahasrayogam)
This is a general tonic to improve ojus and to nourish all dhatus, effective in cases of general weakness, disease convalescence, loss of memory, emaciation and it improves mental health.

Dosage : 15-25 ml Two to three times a day after food.
- 7 **BALARISHTAM** (Sahasrayogam)
Useful in all types of vata diseases.

Dosage : 15-25 ml Two to three times a day after food.
- 8 **CHANDANASAVAM** (Sahasrayogam)
Very effective in diseases due to heat, like, burning micturition, burning sensation all over the body, excessive sweating and spermatorrhoea. Mild pathya is adequate.

Dosage : 15-25 ml Twice daily after food.

- 9 **CHAVIKASAVAM** (Yogaratanakaram)
Useful in various types of digestive disorders, anaemia and nasal catarrh.
Dosage : 15-25 ml Twice daily after food.
- 10 **DASAMOOLAJEERAKARISHTAM** (Sahasrayogam)
Very effective in improving digestive fire, especially after delivery and during convalescence. Helpful to increase breast milk and cleanses the uterine blemishes.
Dosage : 15-25 ml Twice daily after food.
- 11 **DASAMOLARISHTAM** (Sahasrayogam)
It is a general tonic to improve ojus, general health and vitality, effective in case of all vata diseases, anaemia, Jaundice and sexual weakness. Mild pathya will be necessary. It is a good expectorant.
Dosage : 15-25 ml Two to three times a day after food.
- 12 **DHANWANTHARARISHTAM** (Susrutha Samhita)
Very effective in all types of vata diseases and nervous diseases. For women. during pregnancy and after delivery this is helpful. In other diseases like urinary dysfunction, seminal dysfunction etc this is beneficial.
Dosage : 15-25 ml Twice daily after food.
- 13 **DHANYAMLAM** (Sahasrayogam)
Good for all vata diseases. related with burning sensation and numbness for dhara and internal use. Good to relieve thirst. Inascitis, warm dhara is effective
Dosage : 15-25 ml Twice daily after food.
- 14 **DRAKSHARISHTAM** (Sahasrayogam)
A general tonic for anaemia, Jaundice. asthma and cough. Increases digestive power, vitality and promotes bowel movements
Dosage : 15-25 ml Three times a day after food.
- 15 **JEERAKARISHTAM** (Sahasrayogam)
An ideal medicine to clean the uterus after delivery. It improves breast milk. digestive power and food intake for the mothers. Also effective in asthma, loss of voice and all vata diseases.
Dosage : 15-25 ml Three times a day after food.
- 16 **KANAKASAVAM** (Sahasrayogam)
Specific in asthma, chest infections, chronic cough, chronic fevers and Raktha pitha. Mild pathya is sufficient.
Dosage : 15-25 ml Three times a day after food

- 17 **KHADIRARISHTAM** (Sahasrayogam)
Useful in all types of skin diseases. Also effective in anaemia, worms. enlargement of spleen, cough. diabetes and obesity

Dosage : 15-25 ml Twice daily after food.
- 18 **KUMARYASAVAM** (Sahasrayogam)
Effective in uterine disorders, urinary diseases, liver and spleen disorders, anaemia, heart diseases, seminal disorders and rakthapitham.

Dosage : 15-25 ml Twice daily after food.
- 19 **KUTAJARISHTAM** (Sahasrayogam)
Effective in dysentery, piles and grahani. Strengthens digestive power and relieves colic. Avoid hot and spicy food during the medication. Mild pathya' is necessary.

Dosage : 15-25 ml Twice daily after food.
- 20 **LODHRAVAM** (Ashtangahridayam)
Generally used for diabetes, piles, skin diseases, anorexia, anaemia, grahani and obesity. Pathya according to the disease.

Dosage : 15-25 ml Twice daily after food.
- 21 **LOHASAVAM** (Susrutha samhitha)
Excellent in anaemia, increases digestive power. Good for liver and spleen disorders. Also effective in diabetes, skin diseases. asthma etc. Mild pathya is necessary. Can be added with Draksharishtam to prevent constipation.

Dosage : 15-25 ml Two to three times after food.
- 22 **MADHOOKASAVAM** (Sahasrayogam)
Valuable for all types of digestive disorders and emaciation

Dosage : 15-25 ml Twice daily after food.
- 23 **MOOLAKADYARISHTAM** (Yogagrandham)
Effective in paediatric skin diseases like karappan, scabies etc.

Dosage : 5-15 ml Twice daily after food.
- 24 **MUSTHARISHTAM** (Sahasrayogam)
Excellent in grahani, indigestion, diarrhoea, worms etc of children.

Dosage : 15-25 ml Twice daily before or after food.
- 25 **NIMBAMRUTHASAVAM** (Ashtangahridayam)
Useful in rheumatoid arthritis and other sandhivathas related with ama. Also effective in skin diseases, non healing ulcers and fevers.

Dosage : 15-25 ml Twice daily after food.

- 26 **PARTHADYARISHTAM** (Bhaishajyaratnavali)
Effective in heart diseases and anaemia. Useful in high blood cholesterol also.
- Dosage : 15-25 ml Twice daily after food.
- 27 **PIPPALYASAVAM** (Sahasrayogam)
Effective in indigestion, anaemia, grahani and other gastric diseases.
- Dosage : 15-25 ml Twice daily after food.
- 28 **POOTHEEVALKASAVAM** (Ashtangahrudayam)
Useful in piles, splenic disorders, gulma and ascitis. It corrects vata and bowel movements.
- Dosage : 15-25 ml Twice daily after food.
- 29 **PUNARNAVASAVAM** (Sahasrayogam)
Specially useful in pitha disorders like anaemia and generalised oedema. It is a diuretic and also helpful in ascitis.
- Dosage :- 15-25ml Twice daily after food.
- 30 **SARASWATHARISHTAM** (Sahasrayogam)
Excellent to promote intelligence. Daily use of this helps to sharpen men Tory, useful against epilepsy and to improve speech. Corrects bowel movement. Daily use helps to improve mental faculties in children.
- Dosage : 15-25ml Two or three times a day after food.
- 31 **SARIBADYASAVAM** (Sahasrayogam)
Helpful in diseases related with body heat, diabetes and skin diseases.
- Dosage : 15-25ml Twice daily after food.
- 32 **USEERASAVAM** (Sahasrayogam)
Effective in rakthapitham, anaemia, diseases due to body heat, blood impurities and diabetes
- Dosage : 15-25ml Twice daily after food.
33. **VASARISHTAM** (Yogagrandham)
Useful in persistent cough, haemoptysis and rakthapitha; Effective in loss of voice and other kapha diseases. Sour food is to be strictly avoided
- Dosage : 15-25ml Twice daily after food.
- 34 **VIDARYADYASAVAM** (Ashtangahrudayam)
Very effective for all types of vata-pitha disorders. It nourishes the body, can be prescribed for emaciation and muscular wasting even for children.
- Dosage : 15-25ml Twice or thrice daily after food.

KASHAYAS

- 1. ASHTAVARGAMKASHAYAM (Sahasrayogam)**
Excellent in all types of vata disorders.

Dosage : 10-15 ml Twice daily in empty stomach with four fold luke warm water.
- 2. AMRUTHOTHARAM_KASHAYAM (Sahasrayogam)**
Improves digestion in ama related diseases and fevers. It clears the bowel movement.
Dosage : 10-15 rnl Twice daily in empty stomach with four fold luke warm water.
- 3. ARDHAVILWAM KASHAYAM (Sahasrayogam)**
Effective for all types of swellings and anaemia, clears bowel movements, useful in grahani of children. Pathya : One should avoid non-vegetarian food, leafy vegetables, gingelly oil, curd, alcohol, too much salt and tamarind, heavy food, day time sleep, sex and cold water for all purpose.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.
- 4. BALAGULOOCHYADI KASHAYAM (Sahasrayogam)**
Very effective in vataraktham associated with burning sensation and swelling. Pathya according to the disease.
Dosage :10-15 ml Twice daily in empty stomach with four fold luke warm water.
- 5. BHADRADARVADI KASHAYAM (Ashtangahrudayam)**
Good in all types of vata diseases. Pathya according to the disease.
Dosage : 10-15 ml Twice daily in empty stomach with four fold hike warm water.
- 6. BRUHATHYAQI KASHAYAM (Sahasrayogam)**
Suitable for diseases with urinary obstruction and urinary tract infection. Mild pathya is necessary.
Dosage : 10-15 ml Twice daily in empty stomach with four fold luke warm water.
- 7. CHERIYA RASNADI KASHAYAM (Sahasrayogam)**
Effective in vataraktham and all types of inflammatory joint diseases. Mild Pathya is necessary during the medication.
Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.
- 8. CHIRUVILWADI KASHAYAM (Sahasrayogam)**
Very effective in piles, constipation, indigestion, fistula and gulma. Suitable for all digestive disorders. Rock salt can be added to it. Mild pathya is necessary during this medication.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

9. **CHITRAKADI KASHAYAM** (Bhaishajya Ratnavali)
Effective in diseases due to ama like ama jwara ama vata etc. It relieves indigestion and heaviness of the body.
Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.
10. **DASAMOOLAM KASHAYAM** (Sahasrayogam)
Useful in all Vata diseases. asthma, sprains, all cardiac disorders, poor immunity and in all digestive disorders.
Dosage : 10-15ml Twice daily in empty stomach with four fold lake warm water.
11. **DASAMOOLAKATUTHRAYAM KASHAYAM** (Sahasrayogam)
Useful in cough, cold, all vata diseases, back pain and chest pain. Can be added with honey. Mild pathya is necessary during the medication.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.
12. **DHANADA NAYANADI KASHAYAM** (Sahasrayogam)
Effective in facial paralysis and other vata diseases.
Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.
13. **DHANWANTHARAM KASHAYAM** (Sahasrayogam)
Good result in all vata diseases and an excellent medicine for women after delivery. Highly effective in cases of hemiplegia, facial paralysis, convulsive disorders, muscle wasting etc. Pathya according to the disease.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.
14. **DRAKSHADI KASHAYAM** (Sahasrayogam)
Effective in all vata and pitha diseases, good in burning sensation of stomach and body, excessive body heat, anaemia, jaundice, raktha pitha and even in alcoholism
Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.
15. **ELAKANADI KASHAYAM** (Sahasrayogam)
Effective in asthma and related breathing difficulties.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.
16. **GANDHARVAHASTHADI KASHAYAM** (Sahasrayogam)
A good laxative which cures backache, indigestion and other digestive disorders. Can be added with rock salt, jaggery or castor oil. Mild pathya will be necessary with this medication.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

17. **GULGULU THIKTHAKAM KASHAYAM** (Sahasrayogam)
Effective in all skin diseases, all vata diseases, diabetes and non healing ulcers. Especially in deep rooted skin and joint diseases, this is of sure results if strict pathya is followed.
- Dosage : 10-1 5ml Twice daily in empty stomach with four fold luke warm water.
18. **GULUCHYADI KASHAYAM** (Sahasrayogam)
Good for all conditions due to Kapha and Pitha, fever, burning sensation and all problems related with excessive body heat.
- Dosage : 10-15ml1 Twice daily in empty stomach with four fold luke warm water.
19. **INDUKANTHAM KASHAYAM** (Sahasrayogam)
Excellent in all vata diseases, digestive disorders and for intermittent fevers. It helps to build up body strength and immunity. Rock salt can be added to. this. Mild pathya will be necessary during this medication.
- Dosage 10-15 ml Twice daily in empty stomach with four fold luke warm water.
20. **KALA SAKADI KASHAYAM** (Chikitsamanjari)
Very effective in all types of digestive disorders, indigestion constipation, fever, colics and worms. Rock salt can be added to this. Mild pathya should be followed during the medication.
- Dosage : 10-15 ml Twice daily in empty stomach with four fold luke warm water.
21. **KALYANAKAM KASHAYAM** (Ashtangahridayam)
Effective in epilepsy, convulsions, poisons, anaemia, chronic fever, loss of vitality, loss of memory, mental disturbances etc. Also helpful in cases of sterility and infertility.
- Dosage : 10-15 ml Twice daily in empty stomach with four fold luke warm water.
22. **KARIMBIRUMBADI KASHAYAM** (Sahasrayogam)
Excellent effect in all pitha and kapha diseases. A good iron supplement. which will not disturb the digestive fire and bowel movements as in the normal case. It imparts healthy colour to the face. Mild pathya should be followed.
- Dosage : 10-15 ml Twice daily in empty stomach with four fold luke warm water.
23. **MAHA MANJISHTADI KASHAYAM** (Bhaishajya ratnavali)
Good for all blood disorders, vatasonitha, non healing ulcers and other skin diseases. Additives according to the disease. Strict pathya should be followed during this medication.
- Dosage : 10-15 ml Twice daily in empty stomach with four fold luke warm water.

24. **MAHATIKTHAKAM KASHAYAM** (Ashtangahridayam) ,
Effective in all pitha diseases, skin diseases, burning in stomach, giddiness, anaemia, non-healing wounds, liver disorders etc. Additives according to the disease. Strict pathya should be followed during this medication.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

25. **MANJISHTADI KASHAYAM** (Sahasrayogam)
Effective in all types of skin disease, Chronic non-healing ulcers, all pitha and raktha diseases, seethapitham etc. strict pathya should be followed.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

26. **MUSALEEKHADIRADI KASHAYAM** (Sahasrayogam)
Excellent in leucorrhoea, irregular uterine bleeding and related symptoms. Mild pathya will be necessary during this medication.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

27. **MUSTHAKARANJADI KASHAYAM** (Sahasrayogam)
Effective in indigestion, grahani, diarrhoea, and other stomach disorders. Pathya according to the disease.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

28. **NAYOPAYAM KASHAYAM** (Sahasrayogam)
Effective in cases of cough, asthma and other vatha diseases. Mild pathya is necessary during this medication.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

29. **NIMBADI KASHAYAM** (Sahasrayogam)
Excellent in diabetic carbuncles, ulcers and other boils on the body. Strict pathya should be followed.

Dosage: 10-15ml Twice daily in empty stomach with four fold luke warm water.

30. **NISAKATHAKADI KASHAYAM** (Sahasrayogam) Excellent in diabetes mellitus. Pathya suitable for diabetes.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

31. **NISAKATHAKADI KASHAYAM SPECIAL** (Anubhavam)
More effective in advanced cases of diabetes especially with complications, pathya suitable for diabetes.

Dosage : 10-15 ml Twice daily in empty stomach with fourfold luke warm water.

- 32 **PATOLAKATUROHINYADI KASHAYAM** (Ashtangahridayam)
Very effective in Kapha and pitha diseases, skin diseases, fevers, loss of appetite, jaundice and other liver disorders. Honey can be added to this according to the condition. Strict pathya should be followed.
Dosage : 10-15 ml Twice daily in empty stomach with four fold luke warm water.
- 33 **PATOLA MOOLADI KASHAYAM** (Ashtangahridayam)
Helpful in all types of skin diseases, itching, scabies and gives good bowel movements. Effective in cases of anaemia and liver diseases. Mild pathya should be followed.
Dosage : 10-15 ml Twice daily in empty stomach with fourfold luke warm water.
- 34 **PATHYAKSHA DHATHRYADI KASHAYAM** (Sarnghadhara samhita)
Effective in all types of head - aches especially in migraine, ear aches and eye diseases. Jaggery can be added accordingly. Mild pathya should be followed.

Dosage : 10-15 ml Twice daily in empty stomach with four fold luke warm water.
- 35 **PRASARANYADI KASHAYAM** (Sahasrayogam)
Effective in all vata diseases especially in apabahukam
Dosage: 10-15 ml Twice daily in empty stomach with four fold lukewarm water.
- 36 **PUNARNAVADI KASHAYAM** (Sahasrayogam)
Effective in cases of swellings, fever, anaemia and related ailments. Pathya as in Ardhavilwam kashayam

Dosage : 10-15 ml Twice daily in empty stomach with fourfold luke warm water.
- 37 **RASNA SAPTHAKAM KASHAYAM** (Sahasrayogam)
Effective in all types of vata diseases, especially in joint pains. Mild pathya. will be necessary.

Dosage : 10-15 ml Twice daily in empty stomach with fourfold luke warm water.
- 38 **RASONADI KASHAYAM** (Sahasrayogam)
In all vata diseases, helps to make vata in anuloma gathi. Helpful in asthma, cough, hiccup etc.
Dosage : 10-15 ml Twice daily in empty stomach with four fold luke warm water.
- 39 **SAHACHARADI KASHAYAM** (Sahasrayogam)
Effective in all vata diseases especially below the waist, like sciatic pains and weakness. Mild pathya should be followed.

Dosage : 10-15 ml Twice daily in empty stomach with four fold luke warm water.

- 40 **SAPTHASARAM KASHAYAM** (Sahasrayogam)
Effective in gulma of women, gives good bowel movement and improves digestion. Good in diseases of spleen. Mild pathya should be followed.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

- 41 **SEETHAJWARARI KASHAYAM** (Yogagrandham)
Excellent in all types of flue, common cold and related fevers. Mild pathya should be followed.

Dosage : 10-1 5ml Twice daily in empty stomach with four fold luke warm water.

- 42 **SUKUMARAM KASHAYAM** (Ashtangahridayam)
Very effective in hernia, gulma, indigestion, constipation, uterine disorders etc. Useful in all menstrual disorders and female infertility . Mild pathya will be necessary. Additives: Rock salt, Ghrita, Hingu etc can be added to it according to the condition.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

- 43 **TIKTHAKAM KASHAYAM** (Ashtangahridayam)
Effective in all types of pitha diseases, skin diseases, burning sensation in the stomach, anaemia, chronic wounds. Strict pathya should be followed.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

- 44 **VALIYARASNADI KASHAYAM** (Sahasrayogam)
Effective in all types of vata diseases especially not related with ether doshas. Mild pathya is necessary.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

- 45 **VARADI KASHAYAM** (Sahasrayogam)
Effective in obesity and prevents excessive fat deposition in the body. Also useful in diabetes. Pathya : mild and according to the diseases. Additive: honey.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

- 46 **VARANADI KASHAYAM** (Ashtangahridayam)
Excellent in all types of gulma, abscesses, indigestion, thyroid disorders, obesity and kapha diseases. Pathya, should be strict.

Dosage : 10-15ml Twice daily in empty stomach with fourfold luke warm water.

- 47 **VASAGULOOCHYADI KASHAYAM** (Ashtangahridayam)
Effective in Jaundice, Pitha diseases, anaemia and all liver diseases
Pathya: according to the disease. Additives : honey or lohabhasmam.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

- 48 **VIDARYADI KASHAYAM** (Ashtangahridayam)
Excellent in all vata and pithy diseases, it nourishes the body and good for heart ailments. Pathya - Mild.

Dosage : 10-15ml Twice daily in empty stomach with four fold luke warm water.

- 49 **VYAKHRYADI KASHAYAM** (Sahasrayogam)
Very effective in fevers, cough and asthma due to kapha or vata.
Pathya - mild.

Dosage : 10-15 ml Twice daily in empty stomach with four fold luke warm water.

GHRITHAS

- 1 **ARDRAKA GHRITHAM** (Sahasrayogam)
Excellent to develop digestion and appetite. Effective in grahani and in later stages of diarrhoea.

Dosage : 5-25 ml in empty stomach or as directed by the physician.

- 2 **BRAHMI GHRITHAM** (Sahasrayogam)
Good for improving memory and speech. Excellent in epilepsy, poor concentration. mental diseases and impotency.

Dosage : 5-25 ml in empty stomach or at bedtime or as directed by the Physician.

3. **DADIMADI GHRITHAM** (Ashtangahridayam)
Useful against all pitha diseases, anaemia, digestive tract diseases, loss of appetite, gulma, piles, grahani and vaginal diseases. Mild pathya should be followed.

Dosage : 5-25 ml in empty stomach or before a major meal or as directed by the Physician.

4. **DHANWANTHARAM_ GHRITHAM** (Sahasrayogam)
Prescribed for diabetes, mainly to prevent complications like peripheral neuropathy, skin disease etc. Also useful in anaemia. gulma, epilepsy and in all vata diseases. Mild pathya should be followed.

Dosage : 5-25 ml in empty stomach or at bed time or as directed by the Physician.

5. **GULGULUTHIKTHAKAM GHRITHAM** (Ashtangahridayam)
The effect is the same as for Gulguluthiktaka kashayam, more effective in non-healing ulcers of vata sonita or diabetes. Strict pathya should be followed.
Dosage : 5-25 ml in empty stomach or as directed by the Physician.
6. **INDUKANTHAM GHRITHAM** (Sahasrayogam)
Improves appetite and digestion. Effective in all types of digestive disorders, irregular fevers, gulma and other vata diseases. It is the best for cough in old age people, it improves immunity and body strength.

Dosage : 5-25 ml in empty stomach or as directed by the Physician.
7. **JATHYADI GHRITHAM** (Ashtangahridayam)
An excellent cleaning and healing agent for non-healing wounds. Also effective in fissure, fistula and other types of wounds.
Usage : For external application
8. **JEEVANTHYADI GHRITHAM** (Sahasrayogam)
Excellent in all eye diseases including cataract. Also effective in all pithy diseases. It gives strength and improves immunity of the body. Mild pathya should be followed.

Usage : 5-25 ml in empty stomach or at bed time or as directed by the Physician.
9. **KALYANAKA GHRITHAM** (Ashtangahridayam)
Effective in all pitha diseases including anaemia, all mental diseases. Good to improve memory and concentration. Also useful in epilepsy and female infertility. Mild pathya should be followed.

Dosage : 10-25 ml before food or at bed time or as directed by the Physician.
10. **MAHA, KALYANAKAM GHRITHAM** (Ashtangahridayam)
All the benefits of Kalyanakam ghritham is present in more potency. Also improves the general health. Mild pathya should be followed.
Dosage : 10-25 ml before food or at bed time or as directed by the Physician.
11. **MAHATIKTHAKA GHRITHAM** (Ashtangahridayam)
More potent than thikthaka ghritham, with the same properties. Mild pathya should be followed.

Dosage : 5-25 ml before food or at bed time or as directed by the Physician.
12. **MAHAT PANCHAGAVYA GHRITHAM** (Sahasrayogam)
Good in mental diseases, epilepsy, jaundice and chronic fevers. It improves memory and intelligence. Mild Pathya should be followed.

Dosage : 15-25 ml in empty stomach or as directed by the Physician.

13. **PATOLADI GHRITHAM** (Ashtangahridayam)
Very effective in all types of eye diseases, Pitha diseases and skin diseases Pathya :- Mild.

Dosage : 5-25 ml in empty stomach or as directed by the Physician.
14. **PHALASARPIS** (Ashtangahridayam)
Specially prescribed for sterile women to help conception.. Before starting this medicine, any vaginal or uterine diseases, gulma and other vata disease should be corrected. Expectant mothers can take this for preventing habitual abortions and intrauterine death.

Dosage : 15-25 ml before food or as directed by the Physician.
15. **SUKUMARAM GHRITHAM** (Sahasrayogam)
A good laxative for all patients with vata diseases, uterine problems and menstrual disorders, Also helpful in hernia and gulma.

Dosage : 5-25 ml before food or as directed by the Physician.
16. **TIKTHAKAM GHRITHAM** (Sahasrayogam)
Good for all pitha diseases especially skirf disease, boils, scabies, burning, sensation in stomach, anaemia, jaundice etc.-, This-can be also used as an external application in burning sensation and skin irritation. Mild pathya should be followed.

Dosage : 5-25 ml in empty stomach or at bed time or as directed by the Physician.
17. **VARANADI GHRITHAM** (Sahasrayogarn)
Excellent in head-aches, abscess, thyroid problems, gulma, vatasonita etc. Effective in all types of, vata diseases. Strict pathya should be followed during this medication.

Dosage : 5-25 ml in empty stomach or at bed time or as directed by the Physician.
18. **VIDARYADI GHRITHAM** (Ashtangahridayam)
Nourishing to the body and excellent in all vata-pitha diseases. It improves muscle strength and immunity. Mild pathya.

Dosage : 5-20 ml in empty stomach or at bed time or as directed by the Physician.
19. **SATHADHOUTHA GHRITHAM**
Excellent for application on pitha-Vitiated skin diseases, itches, scabies, burning sensation. May be applied itself or with "Marma Gulika over boils, abscess, and swelling of joints.

Usage : For external application.

LEHYAS

- 1. AGASTHYARASAYANAM** (Sahasrayogam)
Excellent in all types of cough, asthma, hiccup, chronic fever, gulma, grahani, piles, etc. It improves appetite and bowel movements.

Dosage : 5-20g after food.
- 2. AJAMAMSARASAYANAM** (Special Product)
Improve general health and immunity, helps to improve musculature in emaciated people. Effective in all rheumatic and asthma patients. A good tonic for ladies after delivery. Increases breast milk. For better results, drink cow's milk along with this.

Dosage : 5-20g at night.
- 3. ASWAGANDHADI LEHYAM** (Special Product)
Improves general health in patients with chronic cough and asthma, prevents ageing, aphrodisiac, strength - giving and increases vitality.

Dosage : 5-20 g after food.
- 4. BRAHMARASAYANAM** (Ashtangahridayam)
Nourishing for all the dhatus and improves immunity. Good results are expected if regulary used in cough, asthma, heart diseases, rhumatism, voice disturbance, chronic fevers and disease convalescence. It improves memory, concentration and relieves mental disorders.

Dosage : 5-50 g at bed time or after food.
- 5. CHYAVANAPRASAM** (Sahasrayogam)
A well known rejuvenative tonic having almost the same properties of Brahma rasayanam. Better results can be achieved by use of cow's milk along with this.

Dosage : 5-20 g after food
- 6. DASAMoola HAREETHAKI** (Sahasrayogam)
Good for gulma, heart diseases, piles, distension of stomach, skin diseases, ascitis, spleen diseases, anaemia, jaundice etc. It will correct constipation.

Dosage : 5-15 g at bedtime.
- 7. DASAMoolARASAYANAM** (Sahasrayogam)
Excellent for vata diseases, sudden sprains, dry coughs, asthma, chronic fevers, voice constraint and all irregular movements due to vata.

Dosage : 5-10 g for frequent use or after meals.

8. **DRAKSHADI LEHYAM** (Sahasrayogam)
Effective in anaemia, jaundice and other liver disease. It improves appetite and digestion.

Dosage : 5-20 g after food.

9. **KALYANAGULAM** (Sahasrayogam)
Effective in skin diseases, piles, jaundice., gulma, diabetes, ascitis, anal fistula, anaemia etc. It is a good laxative.

Dosage : 5-15 g before or after food.

10. **KUSMANDARASAYANAM** (Sahasrayogam)
Effective in asthma, chronic cough, raktapitham, hiccup, indigestion and other digestive problems. A good tonic for children to improve intellect and memory power.

Dosage : 5-15 g before or after food.

11. **MANIBHADRA_GULAM** (Sahasrayogam)
Effective in skin diseases like scabies, itching, boils etc. Also helpful in jaundice, anaemia, leucoderma, asthma, cough, ascitis, piles, splenic diseases, worms and gulma. Regulates bowel movements.

Dosage : 5-20 g after food.

12. **MRIDVEEKADI LEHAM** (Ashtangahridayam)
Good in asthma, vomiting, loss of appetite etc. In lung inflammation and throat irritations. It soothes the throat easily.

Dosage : 5-10 g for frequent use.

13. **NARASIMHARASAYANAM** (Ashtangahridayam)
Effective in weak and emaciated patients. Improves digestion and absorption. Excellent in anaemia and improves hair growth. Suitable for all age groups as a rejuvenative tonic.

Dosage : 5-20 g on empty stomach or at night.

14. **PAROOSHAKADI LEHAM** (Ashtangahridayam)
Good for all types of stomach aches and peptic ulcers. Valuable as an antacid.

Dosage : 5-15 g after food.

15. **PULINKUZHAMBU LEHAM** (Sahasrayogam)
Very effective in gulma, and other stomach aches. This is a general medicine taken by all women after delivery. Improves appetite and digestion. Can be taken with sour butter milk.

Dosage : 5-10 g before or after Meals.

16. **S.ATHAVARI GULAM** (San as ravogam)
Very effective in painful micturition, gonorrhoea, leucorrhoea, raktapitham, jaundice, anaemia, burning sensation in stomach and all types of vaginal discharges. Can be taken with cow's milk for better results.
- Dosage : 5-15g morning or evening.
17. **SUKUMARAM LEHAM** (Ashtangahridayam)
It improves digestion and relieves stomach aches. Good for hernia, gulmaand all uterine diseases. It clears bowel movement.
- Dosage : 5-15 g at night.
18. **THALEESA PATHRADI LEHAM** (Ashtangahridayam)
Effective in vomiting grahani, heart diseases, cough, asthma and other vata and kapha diseases. It improves appetite and digestion.
- Dosage : 5g for frequent use.
19. **THALEESA PATHRADI VATAKAM** (Ashtangahridayam)
Same properties as that of leham. More effective for irritating dry coughs.
- Dosage : 5-15 g for frequent use.
20. **THRIVRUT LEHAM** (Ashtangahridayam)
Good purgative, useful in all types of skin diseases and vata diseases. As a daily laxative, take 5-10g after dinner, always followed by hot water.
- Dosage :-5-20 g at bed time.
21. **VALIYA MADHUSNUHI RASAYANAM** (Sahasrayogam)
Effective against all chronic skin diseases, non healings ulcers, fistulas, scabies and visarpa. Improves digestion and appetite, cleanses and nourishes all tissues. This is good in diabetes and vaginal diseases. Strict pathya should be followed with this medicine.
- Dosage : 5-15 g at night.
22. **VILWADI LEHAM** (Sahasrayogam)
Commonly used in vomiting, loss of appetite, indigestion, grahani, asthma, and excessive salivation from the mouth.
- Dosage : 2-10 gm before or after food.
- 23 **VIDARYADI LEHAM** (Ashtangahridayam)
Same properties as that of Vidaryadi kashayam.
- Dosage : 5-15 g at night.

24. **VYOSHADI VATAKAM** (Ashtangahridayam)
Prescribed for sinusitis, all throat and ear problems. Effective in all types of infections.
Dosage : 5-10 g for frequent use.

CHOORNAS

1. **AMRUTHADI CHOORNAM** (Yogagrandham)
It has excellent effects to reduce blood and urine sugar and to red ice general weakness in diabetes patients Can be taker with Oat water or butter milk.
Dosage : 3- 10 g half an hour before food.
2. **ASHTACHOORNAM** (Sahasrayogam)
Effective in stomach aches, indigestion. grahani. vatagulma. and loss of appetite. Also useful in digestive problems of children. Con be taken with ghee, butter milk or with hot water.
Dosage : 2- 5 g before or with food.
3. **ASWAGANDHA CHOORNAM** (Anubhavam)
Effective in disturbed sleep, vata diseases, anaemia, fatigue and nervous problems. Also used as aphrodisiac. Can be taken with honey or milk.
Dosage : 5-10g at night.
4. **ATMAGUPTHA CHOORNAM** (Anubhavam)
Excellent in convulsive diseases, Parkinsonism and other vata diseases. It is an aphrodisiac if used with milk and honey.

Dosage : 2-5 g Before food or at night.
5. **AVIPATHI CHOORNAM** (Sahasrayogam)
Excellent purging agent in all pitha diseases and even in normal subjects. It is harmless by name itself and it is safe. Can be used in cases of rat and spider poisoning. Can be mixed with honey or hot water.
Dosage : 5-15 g in empty stomach or at night.
6. **CHYAVANAPRASA CHOORNAM** (Sahasrayogam)
It has all the properties of Chyavanaprasam, more potent than leham and can be used by diabetic patients also.
Dosage : 5-10 g at night.
7. **DADIMASHTAKA CHOORNAM** (Sahasrayogam)
It promotes digestion and appetite, controls loose motion and grahani. Can be taken with honey or butter milk.
Dosage : 5-10 g before food.
8. **ELADI_ CHOORNAM** (Sahasrayogam)
Effective in all skin diseases like itching, scabies etc. It can be mixed with suitable oils or milk and rubbed over the skin before bath.

Dosage : For external use.

9. **GRUHADHOOMADI CHOORNAM** (Ashtangahrudayam)
Relieves pain and swelling in rheumatoid arthritis especially in Vata-Kapha stage. To be mixed with starch containing liquids and applied on the affected part.
Dosage : For external use.
10. **HARIDRAKHANDAM** (Bhaishajyaratnavafi)
Effective in all complaints of allergic skin di appetite, digestion and skin health. Can be mixed
Dosage : 5-10 g before food or for frequent use
11. **HINGUVACHADI CHOORNAM** (Sahasrayogam)
Excellent in all types of Vata based digestive di urinary obstruction, aches, asthma and butter milk.
Dosage : 5-10 g before food.
12. **IKSHURADI CHOORNAM** (Sahasrayogam)
Very good aphrodisiac, suitable for diaoetic patients also. Can be taken with honey.
Dosage : 5-10 g at night.
13. **JATAMAYADI CHOORNAM** (Sahasrayogam)
Effective in pain and swelling of rheumatoid arthritis especially of vata pitha nature. Can be mixed with milk or there liquids to make a paste and applied externally.
Usage : For external use.
14. **KACHOORADI CHOORNAM** (Sahasrayogam)
Beneficial in head ache, burning sensation, giddiness and mental confusion. May be applied over the crown after mixing in breast milk or suitable oils. Gives good sleep also.

Usage : For external use.
15. **KALYANA VALEHAM** (Bhaishajyaratnavali)
Effective in Vata diseases with impared speech. It can be applied on the tongue for pratheesaranam, also used for intake. mixed with ghee It improves speech and relieves hoarseness of voice and heaviness of, tongue.

Dosage : For external application and internal use. 2- 5 g
16. **KARPOORADI CHOORNAM** (Sahasrayogam)
Good in cough, chest congestion, chest pain and cramps. It improves appetite and digestion. Can be mixed with honey.

Dosage : 5-20 gm in two doses or in small doses at intervals.
17. **KASTHOORIMANJAL CHOORNAM** (Anubhavam)
Excellent to improve skin colour by removing sun tan and pimple spots. Good to remove facial hair also.

Usage : For external use. Can be mixed with cow's milk or rose water to make a paste.. apply on face and neck, wash when it is dry.

18. **KOLAKULATHADI CHOORNAM** (Ashtangahrdayam)
Used for poir der massage on the body. Effective in vata diseases, and rheumatic complaints.

Dosage : For external use, for powder massage.

19. **KOTTAM CHUKKADI CHOORNAM** (Sahasrayogam)
Can be used in all Vata-Kapha diseases. Mix with suitable liquids, heat to form a paste and apply over the affected part.

Dosage : For external use

20. **NIMBAHARIDRADI CHOORNAM** (Ashtangahrudayam)
This is very effective in skin diseases like visarpa, scabies, ringworm etc. Can be mixed with butter milk or coconut milk to rub over the affected parts.

Dosage : For external use.

21. **PARTHADI CHOORNAM** (Anubhavam)
Very effective in high blood cholesterol and increased triglycerides. It protects heart also. Can be taken with hot water.

Dosage : 5-10 g half an hour before food.

22. **RAJANYADI CHOORNAM** (Ashtangahrudayam)
All digestive problems and indigestion in children can be treated with this . Also helpful for teething troubles, can be mixed with honey or milk.

Dosage : 1-3 g before or after food.

23. **RAKTHACHANDANACHOORNAM** (Anubhavam)
Improves complexion, removes black marks and makes the skin soft and shining. Can be mixed with cow's milk or rose water to make a paste and wash when it is dry.

Dosage : For external use.

24. **RASNADI CHOORNAM** (Sahasrayogam)
It is prescribed for rubbing over the crown in cold, heaviness and head 24 ache. Can be rubbed over the crown after daily bath, to prevent cold and catarrh. Can be used as thalam after mixing with lemon juice, castor oil or other suitable liquids.

Dosage : For external use.

25. **SHADDHARANA CHOORNAM** (Susrutha Samhitha)
Effective in grahani, piles, ascitis, flatulance, diabetes and gout. Useful in all conditions related with ama. Can be taken with hotwater or butter milk.

Dosage : 5-10 g before food.

26. **THALEESAPATHRADI CHOORNAM** (Sahasrayogam)
This improves digestion, appetite and good to control asthma, cough, vomiting, spleen disorders, chest pains, anaemia and diarrhoea.

Dosage : 5-10 g daily or to be taken at intervals.
27. **THRIPHALA'CHOORNAM** (Ashtangahrudayam)
Effective in all eye diseases especially in cataract. Can be taken with ghee, honey and lohabhasmam, can be used for making kwadha for eye washes.

Dosage : 5-10 g daily before food or at night.
28. **TRIPHALADI CHOORNAM** (Ashtangahrudayam)
In all eye diseases this will be beneficial. Can be mixed with honey or ghee.

Dosage : 5-10 g at night.
29. **VAISWANARA CHOORNAM** (Sahasrayogam)
Excellent to improve digestion and to clear bowel movements. Heaviness of stomach and lack of appetite can be cleared by this medicine. Can be mixed with hot water or butter milk.

Dosage : 5-10 g before food.

GULIKAS

1. **AGNIKUMARARASAM** (Sahasrayogam)
Effective in ama and jirna jwaras and also useful in kapha jwara, catarrh, cough, asthma, grahani, dyspepsia etc.
Dosage : 1-3 per day before food.
2. **ANTHFiA_KUDARAM GULIKA** (Sahasrayogam)
Excellent in stomach ache, hernia, colics and indigestion.
Dosage : 1-3 per day before or after food.
3. **CHANDRA PRABHA VATIKA** (Bhaishajyaratnavali)
Effective in urinary problems, diabetes, urinary calculus, menstrual irregularities, spleen disorders and fistula.
Dosage : 1-2 per day before or after food.
4. **CHARNGERYADI GULIKA** (Arogyarakshakalpadrumam)
Useful in all dysenteries with blood and mucous. Also effective in stomachache, diarrhoea and anal disease.
Dosage : 2-3 per day after food.
5. **CHERIYA MARMA GULIKA** (Sahasrayogam)
Relieves swelling, redness and pain on wounds and boils. In early stages, boils will sub side with its application and in later stages it bursts.
Dosage : For external use.

6. **DHANWANTHARAM GULIKA** (Sahasrayogam)
Effective in asthma, cough, hiccup and other vata diseases. This can be taken by expectant mothers to prevent complications. For all nervous disorders this is beneficial.

Dosage : 2-3 per day before or after food.

7. **GOPICHANDANADI GULIKA** (Arogyaraksha Kalpadrumam)
Effective in paediatric ailments like fever, asthma, cough, grahani', convulsions etc.

Dosage : One pill as divided doses.

8. **KAISORA GULGULU VATIKA** (Sarnghadhara samhita)
Useful in arthritic swellings, skin diseases, wounds, boils, fistulae etc.

Dosage : 1-2- per day before food.

9. **KANCHANARA GULGULU** (Sarvaroga chikilsaratnam) Effective in thyroid diseases, gulma, kushta, ulcer, fistula etc.

Dosage : 1-2 per day before food.

10. **KANKAYANA VATIKA** (Sahasrayogam)
Excellent for piles. It will help to shrink the pile mass and prevent other complications.

Dosage : 1-2- per day before food.

11. **KARUTHA GULIKA** (Sahasrayogam)
Mostly effective in head-ache due to heat and other inflammatory swellings. Can be used as thalam or lepanam after mixing in castor oil or ghee.

Dosage : For external application

12. **KASTHURYADI GULIKA** (Sahasrayogam)
Effective for all types of vayukopas like cough, asthma, sprains, body aches etc.

Dosage : 1-2 per day before or after food.

13. **MAHADHANWANTHARAM GULIKA** (Yogagrandham)
Highly effective in all types of disturbances due to pregnancy, helps to stabilise the foetus and ensure easy delivery. Also used in breathing difficulties, asthma, cough, hiccup, vomiting, diarrhea, indigestion, raktapitha etc.

Dosage : 1-3 per day before or after food.

14. **MANASAMITRA VATAKAM** (Sahasrayogam)
Prescribed for all mental diseases. Helps to overcome fits, epilepsy, convulsion, alcoholism, toxicity etc. If used daily it will help to improve mental faculties and prevents all contagious disease.

Dosage : 1-2 per day before or after food.

- 15 **MANDOORA VATAKAM** (Sahasrayogam)
Helpful for anaemia, jaundice, swellings, skin diseases, piles, diabetes etc.
Dosage : 1- 2 per day before food.
- 16 **SUMEDHA_ GULIKA** (Special)
Relieves mental confusions and gives good memory and improves mental faculties. Very effective in recent memory loss.
Dosage : 1-2 per day at night.
- 17 **SWASANANDAM GULIKA** (Arogyaraksha kalpadrumam)
Specially effective in asthma, cough, chest congestion, pain on chest and ribs, and in ail vayu disorders.
Dosage : 1- 3 per day before food.
- 18 **VETTUMARAN GULIKA_**(Sahasrayogam)
Effective in all types of fevers, stomach aches, all vayu disorders, vomiting, urinary obstruction, colics, gulma etc.
Dosage :-1- 3 per day before food.
- 19 **VILWADI GULIKA_**(Sahasrayogam)
Excellent in all types of poisons like that of spiders, rat, scorpion and snakes. This can be used externally, taken orally, used in eyes and as nasyam. Also effective in internal poisoning, doosheevisha, diarrhoea, grahani, fever, cholera and skin diseases
Dosage: 1- 3 per day before food.
- 20 **YOGARAJA GULGULU VATIKA** (Sahasrayogam)
Effective in all skin diseases. vatasonita and ulcers.
Dosage : 1- 2 per day before or alter food.

THAILAM

1. **ANUTHAILAM** (Ashtangahridayam)
Prescribed for nasya in heathy people and in diseases of eyes. ears, nose,throat, shoulders and neck.Effective in diseases of nose, ear and mouth.
Usage : For nasya, 2 to 10 drops.
2. **ASANAVILWADI VELICHENNA** (Sahasrayogam)
Gives comfort to the eyes, ear and-head-Prevents catarrh.

Usage : For application on the head before bath.
3. **BALAGULOOCHYADI VELICHENNA.** (Sahasrayogam)
Excellent for head in rheumatoid arthritis, burning sensation and catarrh.

Usage : For aplication on the head before bath.
4. **BALAHADHADf VELICHENNA** (Sahasrayogam)
Excellent for all types of head ache.

Dosage : For application on the head before bath.

5. **BALASWAGANDHADI THAILAM** (Sahasrayogam)
Good in catarrh, consumption and blood disorders. Excellent for all types of vata diseases to improve body strength and waisting of muscles even in children.
Usage : For application on head and alJ over body.
- 6 **BALATHAILAM** (Ashtangahridayam)
Excellent for all types of Vata diseases, including weakness and waisting of muscles. low back pain, sciatica, hemiplegia, facial paralys-is, convulsive disorders etc.
Usage : Can be used internally, externally for nasya, sirovasthy etc. as per physician's advice.
- 7 **CHEMBARUTHYADI VELICHENNA** (Arogyarakshakalpadrumam)
Fit in all types of karappan, scabies, itches, inflammations, especially in children.
Usage : For external use on body and head.
- 8 **CHERIYACHANDANADI THAILAM** (Sahasrayogam)
Gives coolness and comfort to the head. Especially effective in vata sonitam.
Usage : For external use over body and head.
- 9 **CHINCHADI THAILAM** (Sahasrayogam)
Recommended in all rhumatic disorders, swellings, muscular sprain and other nervous complaints.
Usage : For external use over body.
- 10 **DANDAPPALA VELICHENNA** (Anubhavam)
Excellent for psoriasis and other skin problems with scaling & dryness.
Usage : For external application for body and head.
- 11 **DHANWANTHARAM THAILAM** (Ashtangahrudayam)
The effect of this in vata and allied ailments is remarkable. Good for all kinds of paralytic, rheumatic ailments, fracture, trauma, hernia, gas trouble. For expectant mothers and for post delivery care this is effective There are refined grades like 3, 7, 14,21, 41 & 101 (Avarthy)

Usage : For external use over body and head can be used internally also. Dosage for internal use may vary from 5 drops - 5ml according avarthy and digestive power. this can be used for dhara. Pichu, and Nasya and head.
- 12 **DHANWANTHARAM MEZHUKUPAKAM** (Ashtangahrudayam)
The effect is the same as in dhanwantharam thailam.
Usage : For internal use like snehapanam, and vasthi.
- 13 **DHANWANTHARAM KUZHAMBU** (Ashtangahrudayam)
For all kinds of paralytic, rheumatic ailments, fracture, trauma, gastrouble, hernia, dislocation of joints, post delivery care.

Usage : For external use over body.

- 14 **DHURDHURAPATHRADI VELICHENNA** (Sahasrayogam)
Effective for dandruff, falling of hair, itching on scalp etc.
Usage : For application on head before bath.
- 15 **DURVADI VELICHENNA** (Sahasrayogam)
Excellent for dandruff and scabies on the head.
Usage : For application on head before bath.
- 16 **ELADI VELICHENNA** (Ashtangahrudayam)
For skin diseases, itches, boils, poisonous bites, chronic catarrh etc.
Very effective for all Kapha and Vata based ailments. For children in scabies, 'Karappan' etc.

Usage : For application on head and body before bath.
- 17 **GANDHARVAHASTADI AVANAKKENNA** (Sahasrayogam)
Cures body-aches, back-aches and other vata diseases by giving good motion.
Usage : For internal use. As an additive with kashayam or as purgative.
- 18 **HINGUTHRIGUNA THAILAM** (Ashtangahrudayam)
Very good in Hydrocele, gulma and stomach-aches. Mild purgative.
Usage : For internal use, 5 to 25 ml.
- 19 **KARPASASTHYADI THAILAM** (Sahasrayogam)
Good for all vathavyadhy especially facial paralysis, apabahuka, hemiplegia etc.
Usage : For external use.
- 20 **KARPASASTHYADI KUZHAMBU** (Sahasrayogam)
Effects are the same as that of thailam.
Usage : For external application only.
- 21 **KARPOORADI THAILAM** (Yogagrandham)
Relieves all types of body aches & pain. Excellent for cramps and numbness.
Dosage : For external application only.
- 22 **KOTTAMC.HUKKADI THAILAM** (Sahasrayogam)
Excellent for vata and related swellings, all kinds of arthritis.
Usage : For external use only.
- 23 **KSHEERABALA THAILAM** (Ashtangahrudayam)
This is reputed for internal use in facial paralysis, bahyayamam, antharayamarn, hemiplegia and other nervous disorders. Many ailments like tinnitus, ear ache, head acne. suryavartha, gulma, vaginal disorders and colic are relieved by this There are further refined grades like 3, 7, 14, 21, 41 and 101 (Avarthy)

Usage : Can be used internally. Externally on head and body, for dhara, pichu, vasthi. 5-10 drops for internal use., 6- 10 drops for nasya.

- 24 **KETHAKEEMOOLADI KUZHAMBU** (Sahasrayogam)
Excellent for rheumatic complaints and osteoarthritis.

Usage : External Use.
- 25 **KUMKUMADI THAILAM** (Ashtangahrudayam)
For acne marks, black spots, dark circles around the eyes etc.
Improves skin texture and colour.

Usage : For external application on face and for Nasya.
- 26 **LAKSHADI VELICHENNA** (Ashtangahrudayam)
Effective in debility, paediatric diseases, complaints during pregnancy.
Usage : For application on head and body.
- 27 **MADHUYASHTYADI THAILAM** (Ashtangahrudayam)
Good for catarrh and rheumatoid arthritis.
Usage : For application on head and body.
- 28 **MAHAMASHA THAILAM** (Baishajyaratnavali)
Reputed for pizhichil in chronic Vata ailments. Effective in hemiplegia, facial- paralysis, deafness, lock jaw, sciatica and apahahuka.

Usage : For internal use, external use, vasti.etc.
- 29 **MAHARAJA PRASARANI THAILAM** (Bhaishajyaratnavali)
Reputed in apatanaka, hem ptegia parswayama. antarayama. and bahyayama. Promotes sex and potency in male. effect in vaginal discharges. gu!ma and infertility in women.

Usage : Internaly 5-15 ml drops, externaly for cohyanga, nasya, vasthi etc..
- 30 **MANJISHTADI VELICHENNA** (Ash'angahrudayam)
Improves skin colour and removes dark circles around eyes.
Usage : For external application.
- 31 **MURIVENNA** (Yogagrandham)
Heals wounds, cuts, fractures and its related swellings etc.
Usage : For external application.
- 32 **NALPAMARADI VELICHENNA** (Sahasrayogam)
Good for pitha based itches, scabies, visarpa and for blood impurities.

Usage : For application on head and body.
- 33 **NEELIBHRINGADI_VELICHENNA** (Sahasrayogam)
Reputed for growth of hair. effective in premature greying of hair and dandruff.
Usage : Application on head before bath

- 34 **NIMBAMRUTHADIAVANAKKENNA** (Ashtangahridayam)
Cures arthritis and skin ailments by giving good motun.
Usage : 5-30 ml internally.
- 35 **P.ARINATHAKERIKSHEERADITHAILAM** (Sahasrayogam)
Good for apabahukam, frozen shoulder etc.
Usage : For external application
- 36 **PINDA THAILAM** (Sahasrayogam)
Excellent for rheumatic ailments and burning sensation.
Usage : For external application.
- 37 **PRABHANJANAVIMARDANAM THAILAM** (Sahasrayogam)
Excellent for all vata disorders.
Usage : For external application.
- 38 **PRABHANJANAVIMARDANAM KUZHAMPU** - (Sahasrayogam)
Effects are the same as thailam.
Usage : For external application
- 39 **PRAPUNDAREEKADI VELICHENNA** (Ashtangahrudayam)
For premature greying of hair and other head ailments.
Usage : For application over head before bath and for nasya.
- 40 **RASA THAILAM** (Arogyaraksha kalpadrumam)
Excellent to nourish the weak and wasted muscles, nerves and soft tissues. Relieves pain rented with nerves and rejuvenates degenerated structures.
Usage : Both for internal and external use.
- 41 **SAHACHARADI THAILAM** (Ashtangahridayam)
Effective in Vata disorders: especially in the lower limbs and in wasting and aches.

Usage : For external use.
- 42 **SAHACHARADI KUZHAMBU** (Ashtangahridayam)
Excellent in all vata ailments, especially of the lowerlimbs. Usage :
For external use on the body only.
- 43 **SUDHABALA THAILAM** (Sahasrayogam)
Good for Vata disorders, useful in antenatal and Postratal care.
Usage : For external use on the body only.
- 44 **THEKARAJAKERA THAILAM** (Sahasrayogam)
Good for cough and asthma.

Usage : For head.
- 45 **THULASYADI VELICHENNA** (Sahasrayogam)
Excellent in chronic catarrh, bad breath and watering from the mouth.
Usage : For application on the head.

- 46 **THUNGADRU MADI THAILAM** (Sahasrayogam)
Gives coolness and comfort to head and eyes.
Usage : Apply on head before bath.
- 47 **VACHALASUNADI THAILAM** (Sahasrayogam)
Effective in otorrhoea, suppuration of ear, catarrh etc.
Usage : For karnapooranam and to apply on head before bath.
- 48 **VALIYA ARIMEDADI THAILAM** (Sahasrayogam)
More efficacious in all oral diseases. Indicated in diseases of lips, tongue and throat.
Usage : For gargling and application on teeth.
- 49 **VALIYACHANDANADI THAILAM** (Sahasrayogam)
Very useful in rheumatism, raktha pitha, jaundice, burning sensation all over the body, fainting, discharges from vagina, confusion of mind etc.
Usage : For external use on head.
- 50 **VALIYA NARAYANA THAILAM** (Bhaishajyaratnavali)
Excellent in vata, suitable in vatagulma, cough and vatasonita, 'good in deafness, Oligospermia and facial paralysis. Effective in infertility and in oral diseases.
Usage : For external application.

OTHER PREPARATIONS

- 1 **ELANEER_KUZHAMBU** (Ashtangahrudayam)
Gives coolness and comfort to the eyes. Effective in pterygium, cataract, night blindness inflammation and other pitha-vitiated eye ailments, poor vision due to exposure to heat. sun. smoke etc.
Usage : 1-4 crops. Oniy in :he day time.
- 2 **MAHATHIKTHAKA PAM** (Special)
Very effective in ailments due to vitiated Pitha and Raktha, such as erysipelas, itches, scabies. herpes, chronic ulcer and cracked foot.
Usage : For external apps c iron only.
- 3 **NALPAMARA CREAM** (Special)
An excellent preparation found effective in ailments due to vitiated Rakta and Pitha. Reduces burning sensation and gives a soothing effect on skin. Indicated in itches, scabies. redness of skin due to exposure to heat.